GLOBAL TEACHERS ALUMNI:
MOROCCO 2017
Orientation Notebook
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PARTICIPANT LIST

1. Yolanda Barham
2. Dorothy Bobbe
3. Peter Bobbe
4. Leslie Burwell
5. Lauren Hartman
6. Mark Hartman
7. Emily Kochy
8. Emily Moorman
9. Wetonah Parker
10. Victoria Robertson
11. Hannah Robertson
12. Alfreda Sherman
13. Margaret Thomas

PROGRAM FACILITATOR

Nick Rau
Director of Education and Training, Go Global NC
WE EMPOWER NORTH CAROLINA WITH THE SKILLS, UNDERSTANDING, CONNECTIONS, AND KNOWLEDGE TO SUCCEED IN A GLOBAL COMMUNITY.

goglobalnc.org
GLOBAL TEACHERS
Bringing the world to North Carolina classrooms

Today’s students — North Carolina’s future leaders — must have the ability to communicate, collaborate, and compete with the rest of the world. Go Global NC prepares Global Teachers to be the change agents who bring global content into the classroom at all levels, across all subjects, and help students build the skills they need to navigate successfully through a globalized and interconnected world.

Participants in the 2017 Global Teachers Alumni Morocco program will see international best practices at work and gain strategies for infusing global content into their North Carolina classrooms.
DESCRIPTION

Morocco has Atlantic and Mediterranean coastlines, a rugged mountain interior, and a history of independence not shared by its neighbors. Its rich culture is a blend of Arab, Berber, European, and African influences make Morocco a unique melting pot of cultures. This stable former French protectorate hosts an abundance of UNESCO World Heritage sites and an artful flair for architecture that is demonstrated throughout the country. Additionally, as nearly 99% of Moroccans are Muslim, the country features a number of architecturally-impressive mosques. Non-Muslims are not allowed to enter these buildings, but are free to observe them from outside or even to take pictures.

GOALS

1. To gain insight into Morocco’s history, culture, and religious systems
2. To learn more about a way of life substantially different from our own as a way of refocusing how we consume information in the world
3. To collaborate with other program participants on ways to implement global perspectives that inspire North Carolina’s children to become global thinkers into the classroom

PHASES

- May 17, 2017
  Orientation Workshop
- July 18-August 3, 2017
  Program in South Africa
- October 7, 2017
  Action-Planning Meeting
Tuesday, July 18, 2017 - Raleigh
Depart Raleigh International Airport at TBD - Participants are responsible for meeting the group at the airport.

Wednesday, July 19, 2017 - Casablanca
Arrive on the group flight from RDU and travel via airport transfer to group hotel - We typically have a group meeting around 6 or 7 PM at the starting hotel.

Thursday, July 20, 2017 - Tangier/Chefchaouen
Stop in Tangier for a guided tour of the medina. Continue on to Chefchaouen for the evening.

Friday, July 21, 2017 - Chefchaouen
Opt to hike in the Rif Mountains, explore the town, try a traditional hammam, or visit a local weavers’ cooperative.

Saturday, July 22, 2017 - Meknes/Volubilis/Fès
Enjoy a G Adventures-supported traditional lunch followed by a guided tour of the imperial city of Meknes and the ancient Roman ruins of Volubilis before continuing on to Fès.

Sunday, July 23, 2017 - Fès
Explore the labyrinth of streets within the famous Fès medina with a local guide. Marvel at one of the ancient tanneries and take in the view from above.

Monday, July 24, 2017 - Fès/Merzouga
Enjoy a long, but beautiful, travel day across the unique landscape of Morocco to get to the sand dunes of the Sahara Desert.

Tuesday, July 25, 2017 - Merzouga/Sahara Bedouin Camp
In the morning explore the sand dunes by foot or opt to take a 4x4 safari. In the late afternoon enjoy a camel ride to overnight in a desert camp.
**ITINERARY**

**Wednesday, July 26, 2017 - Sahara Bedouin Camp/Todra Gorge**
Walk through local village farmlands before exploring the cliff-sided canyons of the mighty Todra Gorge

**Thursday, July 27, 2017 - Todra Gorge/Aït Ben Haddou**
Visit the Aït Benhaddou Kasbah, a UNESCO World Heritage site. Opt to participate in a tagine cooking class for insight into Moroccan cuisine

**Friday, July 28, 2017 - Aït Benhaddou/Aroumd**
Enjoy a walk to the village of Aroumd, at the base of the High Atlas Mountains. Let a mule carry the bags up to this mountain hideaway and hike alongside. Enjoy views of Mt. Toubkal from the mountain gîte before a home-cooked dinner

**Saturday, July 29, 2017 - Aroumd/Essaouira**
Walk back to Imlil and transfer to the coastal town of Essaouira. Independent field study day in Essaouira led by Go Global NC

**Sunday, July 30, 2017 - Essaouira**
Independent field study of this unique coastal port town with some unique Challenge by Choice activities led by Go Global NC

**Monday, July 31, 2017 - Essaouira/Marrakech**
Drive to Marrakech for a medina tour with a certified city guide. Opt to visit Djemaa el-Fna Square in the evening to see the gathering of musicians and street performers

**Tuesday, August 1, 2017 - Marrakech**
Enjoy a final free day to explore Marrakech with a possible school visit and then a group dinner provided by Go Global NC

**Wednesday, August 2, 2017 - Marrakech**
Transfer to the airport in the morning for return flight to Raleigh
FLIGHT INFORMATION

Departure - Raleigh

<table>
<thead>
<tr>
<th>Date</th>
<th>Airline</th>
<th>Flight #</th>
<th>From</th>
<th>To</th>
<th>Depart</th>
<th>Arrival</th>
</tr>
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<tbody>
<tr>
<td>7/28/17</td>
<td>Royal Air Morocco</td>
<td>201</td>
<td>New York, N.Y.</td>
<td>Casablanca, Morocco</td>
<td>9:00 PM</td>
<td>8:50 AM</td>
</tr>
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IN COUNTRY

Train - Marrakesh to Casablanca

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<tr>
<th>Date</th>
<th>Airline</th>
<th>Flight #</th>
<th>From</th>
<th>To</th>
<th>Depart</th>
<th>Arrival</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>N/A</td>
<td>N/A</td>
<td>Marrakesh, Morocco</td>
<td>Casablanca, Morocco</td>
<td>TBD</td>
<td>TBD</td>
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Return - Raleigh

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<tr>
<th>Date</th>
<th>Airline</th>
<th>Flight #</th>
<th>From</th>
<th>To</th>
<th>Depart</th>
<th>Arrival</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/2/17</td>
<td>Royal Air Morocco</td>
<td>202</td>
<td>Casablanca, Morocco</td>
<td>New York, N.Y.</td>
<td>10:30 PM</td>
<td>1:20 AM</td>
</tr>
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Check In: Plan to be at least 2-3 hours early to provide adequate time for check in for international flight and security. Please allow additional time for the traffic and parking. Carry your e-ticket, itinerary, emergency contact information, and valid passport with you in your carry-on bag. When you check-in at the counter or kiosk you can provide your frequent flyer information at that time.

Late Arrivals: If for any reason you miss your flight in the departure or connecting city, it will be your responsibility to arrange with the airline the next available flight and to arrange transportation to or from the airport to the hotel. As soon as your alternate plans are known, please call Rick Van Sant at (512) 838-1252 about your new arrival plans so that he can inform the group leaders.
CONTACT INFORMATION

Other than the first hotel, our partner G Adventures does not provide hotel lists for any of their trips because sometimes hotels change at the last minute. G Adventures does not want to give out incorrect information because in an emergency, that can only cause more issues. Instead they give you 24-hour emergency phone numbers where you and your family can reach staff in the country that you are travelling to or in Canada at G Adventure’s headquarters. At any time your loved ones can call the emergency contact who can immediately put them in touch with your tour leader no matter how plans have changed.

G Adventures
Operator - Morocco
Open 5 days a week, Monday - Friday
9:00am to 5:30pm local time (GMT)

During office hours :
+212 (0)528 824898

After hours emergency number:
+212 (0)661 429700
Coordinator Contact Information

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Families May Also Contact
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Mobile: 512-838-1252
REFLECTION TOOLS

When we participate in a global study program, we often take the time to learn about the culture we will be visiting. However, it is also important to look at ourselves and what we bring to the experience. One of the key players in the experience is you. It is your eyes that will see, your ears that will hear, and your personal experiences and history that will help you to interpret what you see and hear.

Although we will be meeting in large group debriefing sessions during the course of the program in Morocco, a journal is a great tool to help you reflect on your experience on a day-to-day basis as well as upon your return home.

Before You Go:

It is recommended that you begin your journal before leaving the country. Reflect on your feelings about traveling to Morocco, your reasons for joining this study program, your expectations, and on questions you hope to have answered. Below are some questions to help you get started:

- Why are you taking this journey?
- What are you anticipating most about the program in Morocco?
- What are you concerned or anxious about?
- What are your assumptions about Morocco, the culture, history, education, and economic systems? How do you expect the country and the people you meet to look, sound, act, etc?
- What are the key questions you would like to have answered in Morocco?

In Country:

While we are in Morocco, you can use your journal to record your journey. Some things to think about are:

- Notes from presentations
- Specific quotes
- Sounds, smells, sights, etc. that you are experiencing
- Questions
- Experiences outside the formal program agenda
- Dreams
- Stories, poems, sketches
- Use your journal to collect mementos, such as pictures, postcards, etc., to share with students and faculty
- Record commitments or intentions to act when you return home

Upon Your Return:

It is important to reread and review your journal after your return home. Continue to reflect on some of your experiences in Morocco and their effect on your life in North Carolina. Some additional questions that may be helpful are:

- What did the experience of traveling to Morocco with this global study program mean to you?
- What are some of the main ideas that you would like to convey to your family, friends and colleagues about Morocco now that you have been there?
- How will this experience impact your professional practice?
- What are some initial ideas that you have for recommendations for North Carolina policy and/or programs based on your experiences?
- What is the most important learning you derived from this experience?

Bring your journal with you to the follow-up workshop. You may find that you want to refer to it as you begin the next stage of your action-planning.
PHOTOGRAPHY

Most participants on a learning journey come with camera in hand, eager to photograph their experience for their own memories and to share with friends and family. Photos are a great way to document a travel seminar, but a camera can be a tricky tool to use well. How you use your camera reflects your level of respect for the local people and your long-term commitment to mutual understanding and responsible travel.

Guidelines for Taking Photos on a Learning Journey:

• **Ask permission** before you take a photo, even if it is just a smile and a nod toward your camera.

• **Avoid telephoto lenses:** It is best to use them only when shooting landscapes, animals or during performances or festivals, when it is difficult to get close to people. Even then try to seek your subject out afterward to tell them you’ve taken a photo and explain who you are.

• **Send copies:** If possible, offer to send a copy if it turns out well and make sure you follow up.

• **Pay attention to your prejudices:** Ask yourself why you feel compelled to take a photo. Ask yourself how you would feel if the situation were reversed: would you feel comfortable having your photo taken by this person in these circumstances?

• **Make connections:** On your travel seminar, you will have the opportunity to meet and talk with many local people. Take pictures of the friends that you make instead of trying to grab images from strangers on the street.

• **Take pictures of normal things.** Pictures of your room, meals, stores, etc. will help you answer some of the basic questions like “what did you eat?”

• **Your trip leaders, resource people and fellow participants all form an important part of your experience.** Photos of them will help trigger memories and capture the flavor of visits.

• **Get closer and pay attention to details:** The best pictures are ones where the subject is clear and where details help to tell the story. Getting closer (easier when the subject is not a person), can vastly improve your photo.

*Note: these guidelines were modified from an article by Chris Welch, *Tips for Making Better Travel Photos*, found in the Minneapolis Star Tribune, Sunday July 16, 2000, page G9.*
NEED TO KNOW

Weather: Just as you may have predicted, it’s going to be hot. Average daily highs will most likely exceed 100 degrees and the sun can be brutal. Take advantage of the cool morning and enjoy the nightlife, when most Moroccans will come out in the cities. While the night time temperatures of 70 degrees can seem like a wonderful reprieve from the daytime heat, the wide temperature change can bring a chill to the air. Consider bringing a light jacket for the nighttime.

Money and Tipping: The local currency in Morocco is the Moroccan Dirham (MAD). ATMs are found within main cities in Morocco and will generally accept cards on the Visa and Mastercard networks. It is a great idea to travel with both a Visa and Mastercard if at all possible as while there is no hard and fast rule, some banks seem to only work with one brand of card. Please note-your bank will charge a fee for overseas withdrawals. Cash is recommended for times when ATMs are not accessible. Euros are almost a second currency in Morocco, while British Pounds and U.S. Dollars are also easy to exchange into Moroccan Dirhams (MAD). Please note - while you should bring some cash with you for emergency situations, carrying cash only is a high safety risk. Money on ATM card(s) and some cash is the ideal mix. Cash advances can also be made with some banks but are time-consuming and tend to have high fees attached. Credit cards are in general not very useful in Morocco but they can be used at some larger stores if shopping for big items. If you are bringing U.S. Dollars, please make sure that the notes are new and in good condition. Any notes older than 1996, or with any tears or blemishes, may not be accepted. Be fussy with your bank when buying cash!

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

Electricity: Morocco uses a European-style two circular prong plug. Their voltage is 220-240 colts. U.S. outlets are 120V. Most new devices (phones and laptops) can handle the different voltage rates, but some devices only work on the U.S. standard of 120V. Check your device to see what voltage range it handles. Most transformer blocks will have an “input” line that defines its voltage capacity. For example, “input: 100 - 240V” means that it will work on voltages from 100V to 240V. If your transformer can’t handle the different voltage, you’ll need to purchase a voltage converter. You can find world regional voltage converters power packs at various vendors.

Phones and Making a Call: Check with your cell phone carriers about an international plan for your program.
Time Difference: Morocco is 5 hours ahead of Eastern Time.

Meals: The Moroccans eat three meals a day, the main meal being around mid-day. Eating with your hands is a time-honored tradition. Rule number one: eat with your right hand only, using the thumb and first two fingers. Using more is a sign of gluttony. The left hand may only be used for picking up bread or passing dishes to other people. Never help yourself to bread, wait until it is given to you. If more than one person apportions the bread at the table, the house will be beset by quarrelling. Use the bread to mop up sauces and clean your plate. Do not lick your fingers until the end of the meal. In the meantime, wipe them on the bread or a napkin if you have to. Washing is very important – clean your hands before every meal usually with rose or orange-scented water. (http://www.pilotguides.com/articles/etiquette-guide-eating-with-a-moroccan-family/) Friday is the holy day for Muslims and on this day it is traditional to serve seven-vegetable couscous. Don’t pass up on the opportunity to eat this Moroccan delicacy; you won’t regret it!

Etiquette & Customs in Morocco: Keep in mind the main religion of Morocco is Islam and to avoid unwanted attention in rural areas, dressing modestly is advised. A general rule of thumb for women in rural areas is to keep your shoulders and knees covered up. It is fine to dress how you like in Fès, Sahara, Marrakech, and Essaouria, but keep in mind, less flesh is less attention.

Safety and Security: Always carry the hotel card and the program itinerary with you. The former will assist taxi drivers and others in getting you to the right place and the latter will insure that you know how to catch up with the group should you become separated from us. Debit/credit cards and other valuables should be kept with you or locked in the room safe.
Go Global NC cannot guarantee your safety while traveling but the staff is very conscious of participant safety in planning and carrying out programs abroad.

Go Global NC staff:
• Communicate with international counterparts on local safety issues
• Monitor State Department advisories and warnings
• Contact State Department Country Desk or U.S. Consulate or Embassy in country when conditions seem questionable
• Provide you with Emergency Contact Information
• Register your group at the nearest U.S. Consulate or Embassy with a list of participants and the group itinerary

Although there are certain inherent risks in international travel, there are things that you can do to help insure your own safety and that of the group.

Go Global NC strongly recommends the valuable suggestions found in the State Department publication, *A Safe Trip Abroad*.

In addition, Go Global NC recommends adhering to the guidelines found on the following page:

**State Department Sites for Morocco:**
https://travel.state.gov/content/passports/en/country/morocco.html
Behavior

• Avoid public places where U.S. Americans are known to congregate, for example, Hard Rock Café, American Express offices, etc.

• Don’t draw attention to yourself or the group by talking loudly in public. U.S. Americans in their enthusiasm for their new experiences can seem unintentionally obnoxious to others.

• If you become aware of a dangerous situation or a possible health hazard, contact the group leader immediately.

• Respect the customs and obey the laws of the host country.

• Be on your best behavior. For example, avoid arguments over a restaurant tab, which would call attention to you.

• Watch out for members of the group.

• Beware of pickpockets. Carry purses securely tucked under your arm. Carry valuables such as passports and tickets in an internal pocket or under your clothing or leave them in the hotel lock box.

• Be alert to your surroundings and those around you.

• Keep away from political and other demonstrations.

• Be careful of WHO and WHAT you photograph. Always ask permission before taking pictures.

Safety While Traveling

• Avoid unregulated modes of transportation.

• Carry the Emergency Contact List and the itinerary with you at all times.

• Carry a card with your hotel or host address written out in the host language for easy reference by host nationals, taxi drivers, etc. A hotel business card or brochure can serve this purpose.

• Stay with the group. If you must leave the group, inform the leader or a group member of your whereabouts. Use the buddy system to help insure the safety of all.

• Be alert in airports. Don’t leave your bags unattended or agree to watch a stranger’s bag.

• Make copies of the picture page of your passport and any other important documents you carry with you (i.e., visas, green card). Give a copy to the Center, leave a copy at home and carry a copy with you.

• Don’t go anywhere with a stranger.

• Travel light. It will simplify check in at airports but it will also make you more mobile in the event that you have to move quickly in an emergency.

• Walk only in well-lighted, populated areas.

• Travel with a companion whenever possible; Travel in daylight hours if you must travel alone.

• Familiarize yourself with the public transportation system to avoid appearing like a vulnerable tourist.
Dress

• Dress to blend in with the local culture so as to avoid calling attention to yourself. Avoid American flags, university paraphernalia, tennis shoes, baseball caps, and other clothing that marks you as an American.

Finances

• Be discreet when paying for something.

• Be cautious when withdrawing funds from ATM’s again being conscious of people around you.

• Have an emergency financial plan. For example, have a credit card which can be used in the event of unexpected expenses.

• Carry your HTH health insurance card with you at all times.

• Consider purchasing individual cancellation insurance, which is not covered by the program fee.

Health

• During long international flights, walk around the plane frequently to keep your circulation going and help avoid blood clots. Flex legs, feet and ankles in the seat.

• Drink lots of water and avoid dehydration by limiting alcohol and caffeine intake.

• Elastic support stockings may help reduce the danger of blood clots.

• Carry medicines in prescription bottles with you in carry on luggage. If you may need refills carry prescriptions as well.

• Take extra pairs of contacts or prescription lenses.

• Do not buy food on the streets, unless it is commercially packaged.

• Drink only bottled water unless the CDC guidelines and the program coordinators have indicated that tap water is safe to drink.

• Follow CDC guidelines and recommendations by program coordinators regarding eating raw fruits and vegetables.

Check Out the Following Websites for Additional Safety & Health Tips

American Citizens Services- U.S. Department of State

A Safe Trip Abroad

U.S. Department of State Travel Warnings

CDC Health Information for Travelers

Deep Vein Thrombosis

Traveler’s Diarrhea
PACKING TIPS

**Carry on baggage:** Be sure to include all medications in their prescription containers and at least a change of underwear in your carry on luggage since it is not unusual to have bags arrive later than you do!

**Liquids:** Liquids, gels and/or aerosols in carry-on bags must fit in one clear, re-sealable quart-sized plastic bag. The TSA’s 3-1-1 rule describes specific requirements for bringing liquids through security checkpoints: 3 ounce bottles or less; 1 quart-sized, clear, plastic, zip-top bag; 1 bag per passenger placed in screening bin. Plastic bags must be completely sealed and will be x-rayed at the security checkpoint separately.

The following items are allowed, but must be presented to officials at security checkpoints if they are not contained in clear plastic bags or are of greater volume than 3oz.

- Medications (liquid, gel or aerosol)
- Liquids, juices or gels for diabetic passengers who indicate a need for such items to address their medical condition. (A letter from your physician is not necessary).

**Luggage:** Travel light! You will be handling your own luggage, often in very crowded circumstances. We ask that you limit your luggage to one checked bag and one carry-on bag. Airlines have varying regulations and fees related to baggage; please check your carrier’s website for specifics. Once you pack, walk around the block with your luggage to be sure you are comfortable porting your bags. The Transportation Security Administration (TSA) website is a good resource for and what to pack, along with updates on restrictions: [https://www.tsa.gov/travel](https://www.tsa.gov/travel).

**Clothes:** Plan to layer clothing since weather can be changeable and unpredictable. Take clothes which are wrinkle-resistant, hand-washable, darker colors (to hide dirt), quick drying, interchangeable. Also, don’t worry about wearing the same clothes several times. Others will be doing the same thing!
PACKING CHECKLIST

Suggested Checklist:

- Passport and Ticket
- Light fleece top
- Swimwear
- Sun hat
- Personal clothing for mild to hot weather (t-shirts, shorts, etc.). Pack 8-9 outfits and then do laundry during the trip to ensure lighter luggage. Clothes for visiting mosques must cover knees & shoulders. For women, we recommend clothing that covers knees and shoulders.
- Day pack to carry belongings on desert excursion
- Hiking boots/sturdy walking shoes (Running shoes are fine too)
- Sport sandals or flip-flops
- Sunblock
- Sunglasses
- Water bottle
- Small towel (for the beach and the night in the Atlas mountain)
- Toiletries (hotels will have soap and shampoo but no conditioner)
- Washcloth (if you normally use a washcloth at home as most hotels do not have them)
- Money belt with cash, credit, or debit card (see page 18 for more on money)
- Flashlight or headlamp
- Watch or alarm clock
- Camera
- Chargers for electronics as well as converters/adaptors if needed (see page 18)
- First-aid kit (should contain lip balm, Aspirin, bandages, antihistamine, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, insect repellent, extra prescription drugs you may be taking)

Optional Checklist:

- Lightweight silk sleep sheet for use in desert and night in the mountains
- Travel pillow (highly recommended!)
- Phone/tablet for Internet (most hotels have wi-fi)
- Packing cubes
- Ear plugs (Hearos Xtreme Protection 33 decibel ear plugs are a life-saver if you have a snoring roomate)
- Ziploc bags for wet clothing
- Reading material, journal for keeping notes
- Hand sanitizer, baby wipes
- Moleskin for blisters (available in foot care aisle)
HEALTH INSURANCE ABROAD

The participant program fee covers international health insurance through HTH Worldwide Insurance Services. This policy is valid while abroad, for the dates listed on your HTH Medical Insurance ID card. Should your travel plans go beyond the dates of the program, contact Go Global NC to extend your health coverage. This policy covers health only. You are advised to seriously consider purchasing lost baggage and/or trip cancellation insurance since Go Global NC is not responsible for the cost of missed flights for illness or other reasons.

The Plan features HTH Worldwide’s Global Health and Safety Services - online tools and toll-free assistance to help members manage their health and safety risks, from finding the right doctor to receiving real-time alerts and advice on health and security threats. Visit the HTH website for these resources and for additional information.

Please carry your HTH Worldwide Insurance ID card and claim form with you at all times while traveling abroad in the event of a health emergency.

HTH Worldwide Numbers

While you are abroad: +1-610-254-8769 (collect calls accepted)
Within the US: 1-888-243-2358

HTH Website: http://hthstudents.com

HTH Email:

Questions about plan: customerservice@hthworldwide.com
24/7 Assistance: globalhealth@hthworldwide.com

Go Global NC, 68 T.W Alexander Drive, Box 13628, Research Triangle Park, NC 27709, 919-314-2826

In all calls to HTH Worldwide Insurance Service, please refer to the patient name and the University of North Carolina subcategory USSNC Go Global NC Policy Number BCS-3428-A-13 which covers all participants in Go Global NC programs.
IN AN EMERGENCY, SEEK APPROPRIATE MEDICAL CARE DIRECTLY AND THEN CALL HTH WORLDWIDE.

Ask the Go Global NC program coordinator or local contact person for health care provider suggestions. Or call HTH Worldwide directly for referrals to doctors or hospitals. Once at the health care provider, present the insurance card as proof of coverage.

PAYMENT:

Referrals to medical facilities are not intended as payment guarantees but are intended to direct participants to quality medical services. Thus, the participant may still have to pay part of all related expenses and request reimbursement later. If required to pay for all of part of the services, have the doctor sign the claim form provided to you and provide a receipt of payment. You can submit the claim form to HTH Worldwide along with receipts when you return to the U.S.

If the service provider wants to coordinate payment directly with HTH or wants proof of coverage other than the insurance card, the provider should call HTH Worldwide and identity the participant as a member of the University of North Carolina group plan.

THE PLAN COVERS EMERGENCY MEDICAL EVACUATIONS AND REPATRIATIONS WHICH ARE SUBJECT TO THE PRIOR APPROVAL OF HTH WORLDWIDE INSURANCE SERVICES.
Did you know?

Dubbed Moroccan or Berber “whiskey,” tea has become the national drink of Morocco. It was introduced to Morocco in 1854 when blockaded British merchants uploaded large quantities of tea at major Moroccan ports.
TRAVEL & CULTURE RESOURCES

(Click on the images and names to learn more)